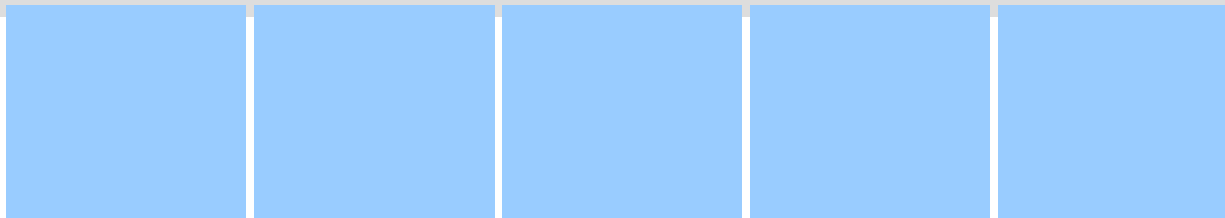


Join your colleagues . . . REGISTER TODAY!

The Geriatric Mental Health Alliance of New York's
1st Annual Geriatric Mental Health Conference



GERIATRIC MENTAL HEALTH: Challenges and Opportunities Across the Horizon

THURSDAY, MAY 31, 2007

9:00am – 4:00pm

*New York Hotel Pennsylvania
New York City, New York*

Thank you to the supporters of the Geriatric Mental Health Alliance, the Altman Foundation, the Stella and Charles Guttman Foundation, the van Ameringen Foundation, the James N. Jarvie Commonweal Service, the New York Community Trust, the Elaine and Larry Feit Foundation, the New York State Legislature (courtesy of Nicholas Spano), and the Mental Health Associations of New York City and Westchester.

This program has been approved by NASW-New York State for 4.5 contact hours under approval number A-962.

To register online, please go to https://www.mhaofnyc.org/ssl/online_registration.html



The Geriatric Mental Health Alliance of New York
666 Broadway, Suite 200 ■ New York, NY 10012
Registrar Phone: (518) 281-2754 ■ Registrar Fax: (518)-689-4824
www.mhawestchester.org/advocates/geriatrichome.asp



Thursday, MAY 31, 2007

Join your colleagues at the first annual conference of the Geriatric Mental Health Alliance of New York. Mental health, health and, geriatric social services providers and professionals, advocates, researchers, academics, public officials, older adults, recipients of mental health services and family members from across New York State are invited to learn and share best practices, clinical skills and strategies, and innovative models for best serving the aging population with mental health needs. This will be a valuable networking opportunity as well –

Register Today!

PROGRAM AGENDA

9:00am – 10:00am

Registration and Poster Session

9:30am – 10:00am

Opening Remarks

Michael B. Friedman, Chair, Geriatric Mental Health Alliance of New York

Ed-Mendez Santiago, Commissioner of NYC DFTA

10:00am – 10:45am

Keynote Address

IMPLEMENTING EVIDENCE BASED PRACTICES TO ADDRESS THE MENTAL HEALTH NEEDS OF OLDER ADULTS



Steve Bartels, MD, MS

Dr. Bartels is a Professor of Psychiatry at Dartmouth Medical School and Director of the Aging Services Research Program and Director of the Behavioral Health Policy Institute at the New Hampshire-Dartmouth Psychiatric Research Center. He served as a consultant to the President's New Freedom Commission on Mental Health's Subcommittee on Older Adults. Dr. Bartels is a past president of the American Association for Geriatric Psychiatry.

10:45am – 12:00pm

INNOVATIONS PANEL ON INTEGRATING HEALTH AND MENTAL HEALTH SERVICES

This esteemed panel will discuss innovative models for integrating health and mental health services to address co-morbid mental and physical health needs among elders.

Integrating Mental Health and Health in the Community

Martha Bruce, Ph.D., M.P.H., Professor of Sociology in Psychiatry, Weill Medical College of Cornell University

Improving Mental Health in Long-Term Care Settings

Alene Hokenstad, MSSA Project Director, United Hospital Fund

Addressing the Needs of Older Adults Who Are High Cost Cases

Neil Pessin, Ph.D., Director of Community Mental Health Services, Visiting Nurse Service of New York

Luncheon

12:00pm– 1:15pm

Luncheon Speaker: Michael Burgess, Director, New York State Office for the Aging



Michael Burgess was appointed by Governor Eliot Spitzer, and confirmed by the New York State Senate, to serve as the Director of the New York State Office for the Aging in February 2007. As Director of the State Office for the Aging, Mr. Burgess oversees the administration of federal and state funded programs designed to assist the more than 3.2 million elderly residents in the state, as well as programs that assist family members and others involved with helping elderly residents that are in need of greater levels of assistance.

1:15pm – 2:30pm

Concurrent Sessions

1) **RETIREMENT IS NOT FOR EVERYONE: HELPING OLDER ADULTS DECIDE ABOUT THEIR RELATIONSHIP TO EMPLOYMENT**

Sheila H. Akabas, Ph.D., Professor and Director, Workplace Center, Columbia University School of Social Work

Lauren B. Gates, Ph.D., Research Director, Workplace Center, Columbia University School of Social Work

Margaret Merrifield, M.S., Program Manager, Workplace Center, Columbia University School of Social Work

What role should work play in healthy aging? This panel will examine the social, economic, psychological and physical health issues involved in informing the decision about full, part-time or no work made by older adults. The presentation will offer an assessment instrument and participants will be involved in understanding how to help older adults with a work planning process using client histories.

2) **THE SENIOR HEALTH AND RESEARCH (SHARE) ALLIANCE**

John Olsan, Director, Eldersource Care Management Services, Inc.

Theresa Frederick, Mental Health Specialist, Eldersource Care Management Services, Inc.

Eric Frey, President, PeerPlace Networks LLC

Yeates Conwell, Director, SHARE Alliance

The SHARE Alliance is a NIMH-funded partnership for research and development of innovative approaches to mental health services delivery that is responsive to both social and health needs of the community's seniors. Partners include providers and researchers in geriatric mental health and aging services organizations supported by a state-of-the-art electronic data management system. This panel will describe the SHARE Alliance's structure and activities to date.

1:15pm – 2:30pm

Concurrent Sessions – continued

3) ACHIEVING BEST PRACTICES FOR PALLIATIVE CARE FOR NURSING HOME RESIDENTS WITH DEMENTIA

Susan Rosendahl-Masella, Ph.D., Research Associate, Schervier Center for Research in Geriatric Care, Schervier Nursing Care Center

Susan Caccappolo, MSSW, LCSW, Palliative Care Coordinator & Training Associate, Schervier Center for Research in Geriatric Care, Schervier Nursing Care Center

This presentation focuses on the concept of Palliative Care and how it can be applied appropriately when caring for the needs of nursing home residents suffering with the later stages of dementia. Information provided will include: the definition and components of Palliative Care, identification of potential candidates, barriers to delivery and sensitivity to the cultural, spiritual and religious elements of Palliative Care. The presentation is derived from evidence-based best practice research, using data gleaned from an initial grant-funded survey of 113 New York City area Skilled Nursing Facilities (SNFs) who serve populations with dementia.

4) BEST PRACTICES IN HOME AND COMMUNITY-BASED SERVICES FOR THE ELDERLY

This panel presentation will highlight best practices and share innovative approaches to home and community-based mental health services delivery in the aging community. Time for questions and answers will be allotted.

A Model of In-Home Mental Health and Case-management Services for the Elderly

Michael Mitchell, LMSW, GMHOS Administrator, JASA

Pat Buonanno, LCSW, GMHOS Psychiatric Social Worker, JASA

Optimizing Home and Community-Based Services for Seniors with Mental Health Needs

Herb Ruben, LCSW, Executive Director, Peninsula Counseling Center

Senior Outreach Program: A Model Mental Health Project for Older Adults

Nancy Harvey, Executive Director, Service Program for Older People, Inc. (SPOP)

5) MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT FOR OLDER ADULTS

Jeffrey Borenstein, M.D., CEO/Medical Director, The Holliswood Hospital

Michael DeFalco, Psy.D., Program Director of Adult Services, The Holliswood Hospital

This session will focus on the diagnosis and treatment of older people with substance abuse and a co-existing psychiatric condition. The presenters will review key issues of differential diagnosis in geriatric patients – how does making the diagnosis differ in older vs. younger individuals. The presenters will also review key treatment issues, including psychopharmacologic, individual, group, and family therapy, and the use of 12-step program.

1:15pm – 2:30pm

Concurrent Sessions – continued

6) EDUCATING TRADITIONAL AND NON-TRADITIONAL FRONTLINE STAFF AND CAREGIVERS ABOUT GERIATRIC DEPRESSION

Leonard Blank, BCC, Co-Chair, Taskforce on Mental Health Issues of the Elderly, Director of Special Programs, United Jewish Council and Director of Pastoral Care, Bialystoker Center for Nursing and Rehabilitation

Martha Pollack, LCSW, Co-Chair, Taskforce on Mental Health Issues of the Elderly, Director of Social Services, United Jewish Council, Beth Israel Medical Center, Senior Social Worker

Sin Yung Lo, LMSW, Taskforce Member, Henry Street Settlement, Vladeck NORC Program Coordinator

Bella Zaltsman, LMSW, Taskforce Member, Assistant Director of Social Services, United Jewish Council

The Taskforce on Mental Health Issues of the Elderly has designed several curricula to educate frontline staff, caregivers and clients about 1) the signs, symptoms and treatments of depression; 2) identifying clients who may be at risk for suicide and 3) how to maintain a healthy mental balance through proper self-care, good nutrition and spiritual support. This workshop will share these curricula and other materials that have been designed, identify who would benefit from mental health services and use examples of clients served by United Jewish Council and Henry Street Settlement who have difficulty accessing mental health services.

2:30-2:45

Break

2:45pm – 4:00pm

Concurrent Sessions

1) CIVIC ENGAGEMENT FOR HEALTHY AGING

Molly Krakowski, JPAC Director, JASA

JPAC Members TBA

This workshop will feature JASA's Joint Public Affairs Committee for Older Adults and specifically the Institute for Senior Action (IFSA) program as a model in wellness and healthy aging. These programs provide older adults with an opportunity to hone their advocacy skills and techniques to help them become their own best advocates. The promotion of self-awareness and self-advocacy provide program participants with creative and healthy ways to be involved in the political process, as well as with a new set of peers and support. JPAC members are responsible for actively pursuing important health and mental health legislation, as well as a wide array of other issues.

2:45pm – 4:00pm

Concurrent Sessions – continued

2) THE HARDEST QUESTIONS OF ALL: TEACHING COMMUNITY GATEKEEPERS A QPR APPROACH TO SUICIDE PREVENTION IN OLDER ADULTS

Heather A. Von Bergen, Ph.D., Visiting Assistant Professor of Psychology, Stern College for Women of Yeshiva University

Carol Podgorski, Ph.D., Assistant Professor of Psychiatry; Associate Director of SHARE Alliance, University of Rochester; Monroe Community Hospital

This presentation will share findings from an evaluation of a educational intervention designed to increase suicide prevention skills in geriatric care managers. QPR is an instructional model designed to provide community gatekeepers with the skills needed to identify and intervene on behalf of those who are at risk for suicide through a Question, Persuade, and Refer approach. The intervention was designed to increase mastery, comfort and self-efficacy among care managers who work with community dwelling older adults. The presentation will include a brief description of: 1) The Senior Health and Research Alliance (SHARE), 2) the educational intervention; and 3) the outcomes.

3) GRIEF ISSUES IN SENIOR ADULTS: CLINICIAN KNOW THYSELF

Jennifer Wortham, Manhattan Borough Director, JASA

Mourning, loss and death are human universals especially present in the lives of senior adults. This workshop will include both traditional assumptions in grief work and the latest research findings. Clinicians who understand their particular grieving style have the greatest potential to effectively assist the senior adult in the reconstruction of their world after a loss.

4) AN INTEGRATED FRAMEWORK TO INCREASE ACCESS TO MENTAL HEALTH SERVICES AMONG COMMUNITY-DWELLING OLDER ADULTS

Monica Serrano, MPH, Policy Analyst, United Neighborhood Houses of New York

Jessica Walker, Senior Policy Analyst, United Neighborhood Houses of New York

Rosemary Venter, Director of Senior Services, Lincoln Square Neighborhood Center, Inc.

United Neighborhood Houses of New York, a membership organization of 35 settlement houses and community centers in NYC, is engaged in a project entitled Strengthening Neighborhood Based Services for the Elderly Initiative to increase access to mental health care for community dwelling older adults. Lincoln Square Neighborhood Center, a UNH member, and Naturally Occurring Retirement Community-Supportive Service Program (NORC-SSP) has integrated mental health services into the array of community based services they provide to the residents of the NORC.

These replicable models offer community-based agencies flexibility in program development and implementation. By facilitating linkages with an appropriate level of care, it helps connect older adults with mental health services across the continuum of care. This session will describe each framework's key components, and discuss other lessons that have emerged.

2:45pm – 4:00pm

Concurrent Sessions – continued

5) PSYCHIATRIC REHABILITATION AND OLDER ADULTS

*John A. Javis, Director of Special Projects, MHA Nassau County & Co-Chair, NYAPRS Geriatric Task Force
William Bell, Team Leader, MHA Nassau County
John Agnew, Member, Gathering Place Clubhouse*

Since the birth of Fountain House, New York State has been a nationwide leader in the development of clubhouse, and other psychiatric rehabilitation programs. New York State was also the first in the nation to pass a Geriatric Mental Health Act. As consumers who attend psychiatric rehabilitation programs age, they have different needs and goals. This workshop will show how psychiatric rehabilitation services can be adapted for older consumers.

6) REPRESENTING SENIORS TO MAINTAIN COMMUNITY-BASED HOUSING AND TO MAXIMIZE MEDICAL BENEFITS

*Jeanette Zelhof, Deputy Director, MFY Legal Services
Kenneth Lau, Supervising Attorney, MFY Legal Services
Orier Okumakpeyi, Staff Attorney, MFY Legal Services
Jadhira Rivera, Staff Attorney, MFY Legal Services*

This panel will focus on the importance of collaboration between social service providers and lawyers in preserving community-based housing for seniors with mental health needs, including how seniors are at risk of losing their housing, what can be done to prevent the risk, and what can be done after a legal proceeding is brought. The panel will also discuss latest developments in Medicaid/Medicare and advance directives.

4:00pm

Adjournment

GENERAL INFORMATION

HOTEL DEADLINE: May 9, 2007

To make your hotel reservations at the New York Hotel Pennsylvania, participants must call the Reservation Office during business hours at 212-736-5000, ext. 8460 or toll free at 800-223-8585 to reserve their room before the cut-off date of **May 9, 2007**.

ROOM RATES: Single/Double Rate: **\$189**

Check-in: 3:00pm/Check-out: 12:00noon

2007 CONFERENCE COMMITTEE MEMBERS

Laura Cameron, New York State Association of Area Agencies on Aging

Amy Chalfy, JASA

Mary Coppola, NYS Conference of Local Mental Hygiene Directors

Carol Podgorski, University of Rochester, Monroe Community Hospital

Marcia Feuer, MHA of Nassau

Suzanne Fingler, Schuyler County Community Services

Woody Goldberg, JASA

Patricia Harrison, Washington County Public Health

Megan Johnson, Washington County Office of Community Services

Peter Konrad, Greene County Office of Community Services

Patricia Marino, Weill Medical College of Cornell University

Kimberly Steinhagen, Geriatric Mental Health Alliance of New York

Geriatric Mental Health Alliance Conference ■ May 31, 2007

R E G I S T R A T I O N F O R M

GENERAL INFORMATION

Your name and affiliation will appear exactly as you indicate below. **Please type or print.** One registrant per form. REGISTRATION IS REQUIRED FOR ALL PARTICIPANTS. Please photocopy for additional registrants.

Name: _____

Title: _____

Agency Name: _____

Address: _____ City/State/Zip: _____

Phone: _____ Fax: _____

Email: _____

Please check box if appropriate: Vegetarian Kosher Special Needs _____

Please check ONE Concurrent Session for each time slot listed below:

1:15pm – 2:30pm time slot

#1 #2 #3 #4 #5 #6

2:45pm – 4:00pm time slot

#1 #2 #3 #4 #5 #6

REGISTRATION FEE

*** Full payment or purchase order must be received upon receipt of this contract in order to process registration***

\$150 received before May 11th

\$175 received after May 11th

Total Amount Due: \$ _____

Please check the appropriate box below:

Enclosed with my registration form, please find a check for the amount of \$ _____.
Make check payable to: The Mental Health Association of New York City

Enclosed with my registration form, please find a purchase order.

3 WAYS TO REGISTER: ONLINE, MAIL OR FAX

1. Register Online at: https://www.mhaofnyc.org/ssl/online_registration.html

Major credit cards accepted or register online then mail in your payment.

2. Mail to: Negri Management Resources ■ 194 Washington Avenue, Suite 415 ■ Albany, NY 12210

3. Fax to: Registrar Fax: (518)-689-4824

Questions Call the Registrar Phone: (518) 281-2754

CANCELLATION AND LATE FEE POLICY

Conference registration cancellations received before **May 23, 2007** entitle registrants to a full refund. NO REFUNDS will be issued for cancellations received after May 23, 2007. Refunds will NOT be made for no-shows. However, substitutions will be allowed.