

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sat. & Sun. Socials are from 12:00-3:00pm (unless noted otherwise)</p>	<p>1</p>  <p>CENTER CLOSED</p>	<p>2</p> <p>Daily Meditation 9:45-10 Spirituality & Recovery 10-11 Participant Advisory Board 10:30-12 Estamos Unidos 11-12 Be Here NOW 11-12 Chi Kung 1-2</p>	<p>3</p> <p>Daily Meditation 9:45-10 Healing Hearts 10-11 <u>DOLLAR STORE 11-12</u> Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30 <u>WP Open Mic 6:30</u></p>	<p>4</p> <p>Daily Meditation 9:45-10 Family Matters 10-11 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Open Mic Group 5-6 Exp Extreme Experiences 6-7</p>	<p>5</p> <p>Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>6</p> <p>Three Kings Day Event NRPL</p> <p><i>Leaves at 3:30 Donald, Lou</i></p>
<p>7</p> <p>Concert Series Acoustic Guitar Ossining Public Library</p> <p><i>LEAVES at 1:30p Donald, Eboni</i></p>	<p>8</p> <p>Daily Meditation 9:45-10 Policy Meeting 10-11 Movie Mondays 11-12 <u>LIBRARY VISIT 11-12</u> Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2:00-2:30 Peer Training Class 2-4:30</p>	<p>9</p> <p>Daily Meditation 9:45-10 <u>SPEAKER: Kelly Darrow</u> <u>HDSW 10:30-11:30</u> Be Here NOW 11-12 Chi Kung 1-2</p>	<p>10</p> <p>Daily Meditation 9:45-10 Healing Hearts 10-11 <u>AMAZING SAVINGS 11-12</u> Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30</p>	<p>11</p> <p>Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Disc. the Community 3:30-6:30 Exp Extreme Experiences 6-7</p>	<p>12</p> <p>Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>13</p> <p>Arts Day at Rye Arts Center</p> <p><i>Leaves at 12:00p Donald, Tanya</i></p>
<p>14</p> <p>MEET UP WITH FRIENDS IN THE COMMUNITY</p>	<p>15</p>  <p>Martin Luther King, Jr.</p> <p>CENTER CLOSED</p>	<p>16</p> <p>Daily Meditation 9:45-10 Spirituality & Recovery 10-11 Estamos Unidos 11-12 Be Here NOW 11-12 Chi Kung 1-2</p>	<p>17</p> <p>Daily Meditation 9:45-10 Healing Hearts 10-11 Participant Advisory Board 10:30-12 <u>TRADER JOES 11-12</u> Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30</p>	<p>18</p> <p>Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Open Mic Group 5-6 Exp Extreme Experiences 6-7</p>	<p>19</p> <p>Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>20</p> <p>K-Mart Chinese Buffet Greenburg</p> <p><i>Leaves at 12:00p Donald, Lou</i></p>
<p>21</p> <p>Cello and Piano Concert Greenburg Public Library</p> <p><i>Leaves at 1:30p Donald, Eboni</i></p>	<p>22</p> <p>Daily Meditation 9:45-10 Policy Meeting 10-11 Movie Mondays 11-12 <u>LIBRARY VISIT 11-12</u> Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2-2:30</p>	<p>23</p> <p>Daily Meditation 9:45-10 Spirituality & Recovery 10-11 Be Here NOW 11-12 Chi Kung 1-2</p>	<p>24</p> <p>Daily Meditation 9:45-10 Healing Hearts 10-11 <u>AMAZING SAVINGS 11-12</u> Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30</p>	<p>25</p> <p>Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Disc. the Community 3:30-6:30 Exp Extreme Experiences 6-7</p>	<p>26</p> <p>Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>27</p> <p>Danbury Mall Danbury CT</p> <p><i>Leaves at 11:00a Donald, Tanya</i></p>
<p>28</p> <p>MEET UP WITH FRIENDS IN THE COMMUNITY</p>	<p>29</p> <p>Daily Meditation 9:45-10 Policy Meeting 10-11 BIRTHDAY RECOGNITIONS Movie Mondays 11-12 <u>LIBRARY VISIT 11-12</u> Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2-2:30</p>	<p>30</p> <p>Daily Meditation 9:45-10 Spirituality & Recovery 10-11 Participant Advisory Board 10:30-12 Estamos Unidos 11-12 Be Here NOW 11-12 Chi Kung 1-2</p> <p>WEBINAR: BENEFITS ADVISORY SYSTEM 1-3pm</p>	<p>31</p> <p>Daily Meditation 9:45-10 Healing Hearts 10-11 <u>TRADER JOES 11-12</u> Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30</p>	<p>For information on how to join the Community Center and participate in our activities, call: (914) 345-5900 ext. 7113 and ask for an application.</p>	<p><u>SCC Hours of Operation:</u> Monday: 8:30A-5:00P Tuesday: 8:30A-5:00P Wednesday: 8:30A-5:00P Thursday: 8:30A-7:30P Friday: 8:30A -5:00P</p>	