

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Sat. &amp; Sun. Socials</b> are from <b>12:00-3:00pm</b> (unless noted otherwise)</p>	<p><b>SCC Hours of Operation:</b> Monday: 8:30A-5:00P Tuesday: 8:30A-5:00P Wednesday: 8:30A-5:00P Thursday: 8:30A-7:30P Friday: 8:30A -5:00P</p>	<p>For information on how to join the Community Center and participate in our activities, call: (914) 345-5900 ext. 7113 and ask for an application.</p>	<p><b>HOLIDAY PARTY</b> ADDRESS 50 GEDNEY WAY WHITE PLAINS  PICK UP DIRECTIONS AT THE CENTER!!!!</p>		<p>1 Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>2 <b>LIGHTS OF NYACK</b> Veterans Memorial Park  Leaves at 3:15 Donald, Lou</p>
<p>3 <b>Concert: A Charlie Brown Christmas</b> Greenburg Public Library  LEAVES at 1:30p Donald, Eboni</p>	<p>4 Daily Meditation 9:45-10 Policy Meeting 10-11 Movie Mondays 11-12 LIBRARY VISIT 11-12 Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2:00-2:30 Peer Training Class 2-4:30</p>	<p>5 Daily Meditation 9:45-10 Spirituality &amp; Recovery 10-11 Participant Advisory Board 10:30-12 Be Here NOW 11-12 Estamos Unidos 11-12 Chi Kung 1-2</p>	<p>6 Daily Meditation 9:45-10 Healing Hearts 10-11 DOLLAR STORE 11-12 Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30 Peer Training Class 2-4:30 WP Open Mic 6:30</p>	<p>7 Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Open Mic Group 5-6 Exp Extreme Experiences 6-7</p>	<p>8 Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2</p>	<p>9 <b>Pizza and Brew</b> Scarsdale  Leaves at 2:00p Donald, Tanya</p>
<p>10 <b>MEET UP WITH FRIENDS</b> IN THE COMMUNITY</p>	<p>11 Daily Meditation 9:45-10 Policy Meeting 10-10:30 SPEAKER :FOOD BANK NUTRITION 10:30-11:30 Movie Mondays 11-12 LIBRARY VISIT 11-12 Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2:00-2:30 Peer Training Class 2-4:30</p>	<p>12 Daily Meditation 9:45-10 Spirituality &amp; Recovery 10-11 Be Here NOW 11-12 Chi Kung 1-2   HAPPY HANUKKAH!</p>	<p>13 Daily Meditation 9:45-10 Healing Hearts 10-11 TRADER JOES 11-12 Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30 Peer Training Class 2-4:30</p>	<p>14 Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Disc. the Community 3:30-6:30 Exp Extreme Experiences 6-7</p>	<p>15 Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12  CENTER CLOSSES AT 12-NOON  NO TRANSPORTATION</p>	<p>16 <b>Raceway Diner</b> Yonkers  Leaves at 12:00p Donald, Lou</p>
<p>17 <b>Family Holiday Concert</b> “Sing your Heart Out” Chorus NRPL  Leaves at 2:30p Donald, Eboni</p>	<p>18 Daily Meditation 9:45-10 Policy Meeting 10-11 PHOTOGRAPHY 10:30-12 Movie Mondays 11-12 LIBRARY VISIT 11-12 Poetry with Alex 12:15-1 Hearing Voices Group 1-1:45 Afternoon Meditation 2-2:30 Peer Training Class 2-4:30 CAPSTONES</p>	<p>19 <b>STERLING HOLIDAY PARTY</b>  At Sams Of Gedney Way 50 Gedney Way White Plains, NY 10605 12:00-4:00  CENTER CLOSED</p>	<p>20 Daily Meditation 9:45-10 Healing Hearts 10-11 Participant Advisory Board 10:30-12 CHRISTMAS TREE 11-12 Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30 Peer Training Class 2-4:30 CAPSTONES</p>	<p>21 Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Open Mic Group 5-6 Exp Extreme Experiences 6-7</p>	<p>22 Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2  CENTER CLOSSES 2:30 TRANSPORTATION LEAVES at 1:00p</p>	<p>23 <b>Winter Fest</b> Holiday Market White Plains  Leaves at 12:00p Donald, Tanya</p>
<p>24 <b>MEET UP WITH FRIENDS</b> IN THE COMMUNITY</p>	<p>25 <b>CENTER CLOSED</b>   MERRY CHRISTMAS!</p>	<p>26 Daily Meditation 9:45-10 Spirituality &amp; Recovery 10-11 Be Here NOW 11-12 Chi Kung 1-2</p>	<p>27 Daily Meditation 9:45-10 Healing Hearts 10-11 5 BELOW 11-12 Peer Support 12-1 Relationship Toolbox 1-2 Afternoon Meditation 2-2:30</p>	<p>28 Daily Meditation 9:45-10 Family Matters 10-11 APS Support 11-12 Sexual Health 11-12 Befriending Self –Yoga 11-12 Hopes and Dreams 1-1:30 Intro to Computers 2-3 Disc. the Community 3:30-6:30 Exp Extreme Experiences 6-7</p>	<p>29 Daily Meditation 9:45-10 Yoga 10-11 Art Workshop 10-11:30 8 Dimensions 11-12 Our Realities 12:15-1 Music Appreciation 1-2  CENTER CLOSSES 2:30 TRANSPORTATION LEAVES at 1:00p</p>	<p>30 <b>Palisades Center</b> Mall in West Nyack  Leaves at 12:00p Donald, Lou</p>
<p>31 <b>MEET UP WITH FRIENDS</b> IN THE COMMUNITY</p>						